



CARISSA GAY
[Courageous Leaders](#)

CAPACITY BUILDING CONVERSATIONS

Conversation matters. The way you approach conversation has a direct impact on the capacity of your business and of those you lead. From a brain-science perspective, every conversation (both with yourself and with others) is either increasing or decreasing performance capacity. In this workshop you'll learn the most important conversations to be having as a business owner and practical conversational tools you can immediately use to grow the capacity and engagement of your team.



MELISSA BEDARD
[Melissa Bedard Coaching](#)

HIGH PERFORMANCE HABITS...if you are stressed, overwhelmed, and/or uncertain (and what to do about it), learn how improving your habits can lead to more clarity, confidence, and success!!! This session will be part presentation and part workshop...I will be sharing a few principles that you can implement immediately to better master your mindset, in addition to learning how to become more productive and influential!!!



ARLENE SILLER
[ASCEND NBS](#)

PRO-TIPS GRANT WORKSHOP: Small business grants are out there, but doubt, intimidation, and busy schedules can make it difficult to move forward with the application process. Arlene Siller, Founder & CEO of Ascend Nonprofit and Business Solutions, will host this workshop sharing tips on telling your story, what reviewers are looking for, and other strategies to help you put together a successful grant application for funding.



DR. SAMMIE ROBINSON
Epiphany OTC

FIND YOUR MOJO – THE SCIENCE OF MOTIVATION

Organizations and leaders know their true competitive advantage comes from their people, but few know how to align work with what motivates them. We welcome you to come learn how “job sculpting” – a unique process for aligning your Motivators with your daily work tasks can make an impact on your organization.